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New Patient Introduction Form

Patient Name:

Date:

1. Chief Concerns:

2. Medications and/or Nutritional Supplements currently on:

3. Dietary Intake for 2 days before appointment: / NO CAFFEINE FOR 6 HOURS PRIOR TO TEST.

Breakfast:

Breakfast:

Snacks:

Snacks:

Lunch:

Lunch:

Snacks:

Snacks:

Dinner:

Dinner:

Snacks:

Snacks: